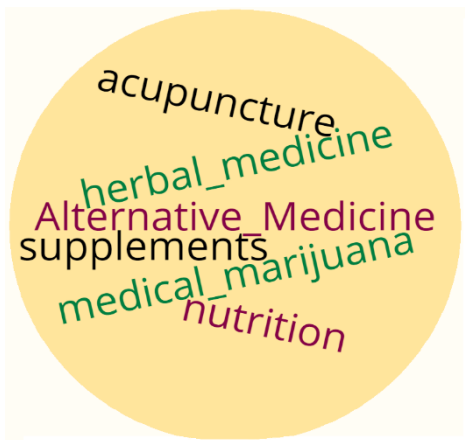


# Alternative & Complementary Medicine Program

*A free EDUCATIONAL program discussing remedies  
for ailments common to people ages 50+*

- ▶ **Learn about alternative medicine** and why 1/3 of Americans use it today
- ▶ Hear a panel of experts in **acupuncture, medical marijuana, herbal medicine, and nutrition** discuss remedies for ailments common to people ages 50 and up
- ▶ Understand **the placebo effect in healing**
- ▶ *Get your personal questions about alternative medicine answered by expert panelists*



**Mark your calendar**

**March 16, 2019, 1-3:30 pm**

Scotts Valley Senior Center  
370 Kings Village Road  
Scotts Valley, CA 95066

*Reception following with snacks  
and beverages!*



**RSVP to (831) 600-8440 by Mar 9th!**

Drop-ins welcome on a space available basis

## **Panelists:**

- **Dr. Michael Tierra, OMD, LAc, , AHG** ~  
acupuncture and herbal medicine
- **Valerie Corral, WAMM** ~ medical marijuana
- **Richard B. Goldberg, PhD** ~ nutrition
- **Morris Barenfus, VMD** ~ the placebo effect  
in healing



Sponsored by

**Scotts Valley Senior Life Association**

PO Box 66438, Scotts Valley, CA 95067 (831) 438-1000

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